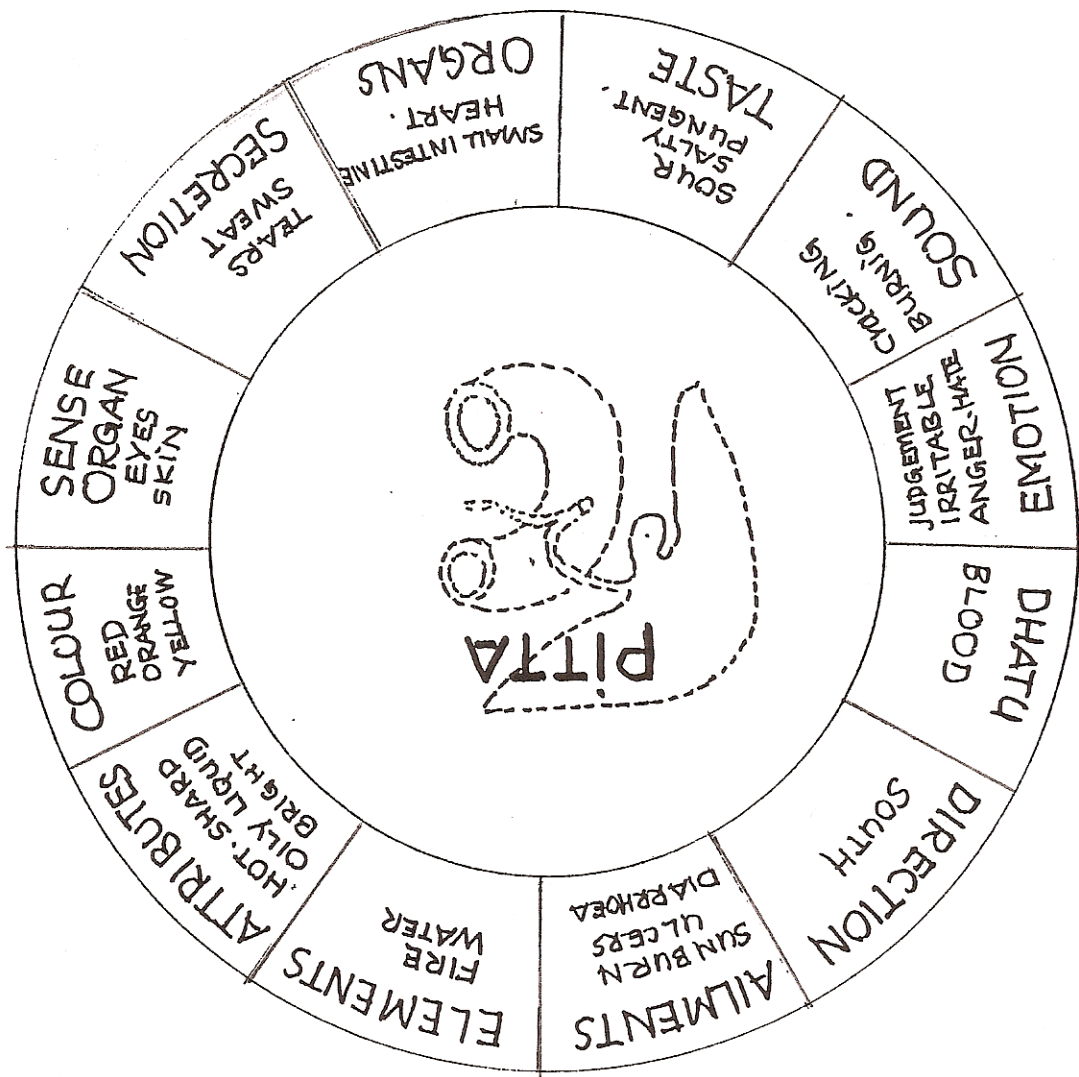


Summer the season of PITTA-DOSHA.



Balanced summer
Bright sun light
Vigour, vitality
Sweating,
Swimming,
Lying at the beach
Cold drinks
eating salad
light meals
Sulfer, metallic smell

Imbalanced summer
Irritable
Judgemental.
Rash
Sunburn
Nausea
Anger
Sunstroke
fainting
foul smell