

FRIENDS OF AYURVEDA

Friends of Ayurveda is pleased to sponsor the Ayurveda & You lecture series.

Applying Ayurveda In Your Daily Life with Special Reference to Home Remedies

A practical workshop to remedy chronic & common ailments given by World-Renowned Ayurvedic Physician, Dr. Vasant Lad, B.A.M.S, M.A.Sc., author of The Complete Book of Ayurvedic Home Remedies.

Saturday, April 18 - 10:00AM - 6:00PM Sunday, April 19 - 10:00AM - 3:00PM

Santa Monica Community College 1900 Pico Boulevard - Room HSS 104 Santa Monica, CA 90405

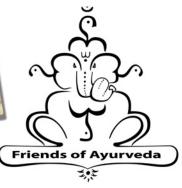
Includes special Ayur*Yoga sessions with Arun Deva, DASc.

\$195 person

(Lunch is Included)
Group rates available at
\$150 per person for 5 or more.

Register Now!

No Refunds or Exchanges • Limited Seating



Reservations: 800.505-3887 or info@friendsofayurveda.com www.friendsofayurveda.com

Love Your Life through Ayurveda!